

CANYON HILLS COUNSELING MINISTRY BOOKLIST

Recommended Reading List by topic

TOPIC

TITLE

AUTHOR

ADHD

Parenting Your ADHD Child: *Biblical Guidance for Your Child's Diagnosis*

Rita Jamison

ABORTION

Healing After Abortion: God's Mercy is for You

David Powlison

ABUSE

In the Aftermath: Past the Pain of Childhood Sexual Abuse

Pam Gannon /
Beverly Moore

Sexual Assault: Healing Steps for Victims (mini-book)

David Powlison

Domestic Abuse: How to Help

Powlison, Tripp, Welch

Why Me? Comfort for the Victimized

David Powlison

The Heart of Domestic Abuse

Chris Moles

Domestic Abuse: Hope for the Sufferer (mini-book)

Darby Strickland

Domestic Abuse: Recognize, Respond, Rescue (mini-book)

Darby Strickland

ADDICTION/LIFE ENSLAVING SIN

The Heart of Addiction

Mark Shaw

Addiction: A Banquet in the Grave

Ed Welch

Divine Intervention (how to respond to a loved one's addiction)

Mark Shaw

Cross Talking: A Daily Gospel for Transforming Addicts

Mark Shaw

Blame it on the Brain: Distinguishing Chemical Imbalances,

Ed Welch

BRAIN DISORDERS, AND DISOBEDIENCE

Crossroads: A Step-by-Step Guide Away from Addiction

Ed Welch

Letting Go: Rugged Love for the Wayward Soul (how to respond to family members who are caught in sin)

Dave Harvey

ANGER/BITTERNESS

Uprooting Anger

Robert Jones

Good and Angry

David Powlison

Anger, Anxiety and Fear (mini-book)

Stuart Scott

It's Not Fair

Wayne Mack

Get Outta My Face (for dealing with angry teens)

Rick Horne

Anger and Stress Management

Wayne Mack

Bitterness: The Root that Pollutes (mini-book)

Lou Priolo

The Heart of Anger

Lou Priolo

How Do I Stop Losing It With My Kids? Getting to the Heart of Your Discipline Problems (mini book)

William Smith

Anger: Escaping the Maze (mini book)

David Powlison

ANXIETY/WORRY

Overcoming Fear, Worry, and Anxiety

Elyse Fitzpatrick

Anger, Anxiety and Fear (mini-book)

Stuart Scott

Social Anxiety (mini book)

Amy Baker

Fear: Breaking Its Grip (mini book)

Lou Priolo

TOPIC**TITLE****AUTHOR****ANXIETY/WORRY (CONTINUED)**

Running Scared	Ed Welch
Anxiety: Anatomy and Cure (mini book)	Robert Kellemen
Breaking the Worry Habit.... Forever	Elizabeth George

AUTISM

Finding Your Child on the Autism Spectrum	Laura Hendrickson
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CHANGE BIBLICALLY/SANCTIFICATION

How Does Sanctification Work?	David Powlison
You Can Change	Tim Chester
Transformed Into His Likeness	Armand Tiffe
Changed Into His Image	Jim Berg
How People Change	Timothy Lane/Paul Tripp
Basics for Believers (mini book)	Jim Berg
The Pursuit of Holiness	Jerry Bridges
The Practice of Godliness	Jerry Bridges
Gospel Treason: Betraying the Gospel with Hidden Idols	Brad Bigney
Motives (mini book)	Ed Welch

CHURCH

Nine Marks of a Healthy Church	Mike Dever/David Platt
What is a Healthy Church Member	Thabiti Anyabwile
Why Church Matter: Discovering Your Place in the Family of God	Josh Harris

CHURCH DISCIPLINE

Handbook of Church Discipline	Jay Adams
Church Discipline: How the Church Protects the Name of Jesus	Jonathan Leeman

COMMUNICATION/CONFLICT RESOLUTION

Pursuing Peace	Robert Jones
Communication and Conflict Resolution (mini book)	Stuart Scott
War of Words: Getting the the Heart of Your Communication Struggles	Paul Tripp
The Peacemaker: A Biblical Guide to Resolving Personal Conflict	KenSande
Biblical Peacemaking: Building Real Relationships (mini-book)	Ken Sande/Gary Friesen
Conversation Peace: The Power of Transformed Speech	Mary Kassian

COUNSELING BIBLICALLY

Instruments in the Redeemer's Hands	Paul Tripp
Counseling the Hard Cases	Stuart Scott/Heath Lambert
Counsel from the Cross	Elyse Fitzpatrick/Dennis Johnson
Counseling: How to Counsel Biblically	John MacArthur
A Theology of Biblical Counseling: The Doctrinal	Heath Lambert
Foundations of Counseling Ministry	

TOPIC**TITLE****AUTHOR****CUTTING/SELF-INJURY**

Hope and Help for Self-Injurers and Cutters (mini book)
 Relief Without Cutting: Taking Negative Feelings to God (mini book)
 Self Injury: When Pain Feels Good (mini-book)

Mark Shaw
 Amy Baker
 Ed Welch

DECISION-MAKING

Found: God's Will
 Decisions, Decisions

John MacArthur
 Dave Swavely

DEPRESSION

Depression: A Stubborn Darkness
 Out of the Blues: Dealing with the Blues of Depression and Loneliness
 When the Darkness will Not Lift: Do What We Can
 While We Wait for God- and Joy
 Seeing Depression Through the Eyes of Grace

Ed Welch
 Wayne Mack
 John Piper

 Julie Ganschow

DEVOTIONS

New Morning Mercies
 Gospel Primer
 Note to Self
 The Valley of Vision: A Collection of Puritan Prayers and Devotions
 Heart of the Matter
 Counsel From Romans
 Whiter than Snow: Meditations on Sin and Mercy

Paul Tripp
 Milton Vincent
 Joe Thorn
 Arthur Bennett
 CCEF
 Elyse Fitzpatrick
 Paul Tripp

DEVOTIONS FOR CHILDREN

Long Story Short
 The-Ology: Ancient Truths Ever New
 One Year Dinner Table Devotions
 Big Truths for Young Hearts

Marty Machowski
 Marty Machowski
 Nancy Guthrie
 Bruce Ware

DIVORCE AND REMARRIAGE

Marriage, Divorce, and Remarriage: Critical Questions and Answers
 Marriage, Divorce and Remarriage in the Bible
 How to Save Your Marriage Alone (mini book)
 Children and Divorce: Helping When Life Interrupts
 You're Divorced, Now What? (mini-book)
 Single Parents: Daily Grace for the Hardest Job (mini book)
 Keys to Successful Stepfamilies

Jim Newheiser
 Jay Adams
 Ed Wheat
 Amy Baker
 Amy Baker
 Robert Jones
 Jeff and Amy Baker

EATING HABITS

Love to Eat, Hate to Eat
 Redeemed From the Pit
 UnCommon Vessels
 Addictions: A Banquet in the Grace

Elyse Fitzpatrick
 Maria Notcheva
 Elyse Fitzpatrick
 Ed Welch

TOPIC**TITLE****AUTHOR****FAMILY**

Your Family God's Way

Wayne Mack

FEAR

Running Scared
Fear: Breaking Its Grip (mini book)
Overcoming Fear, Worry and Anxiety

Ed Welch
Lou Priolo
Elyse Fitzpatrick

FEAR OF MAN/PLEASING PEOPLE

Pleasing People
Courage: Fighting Fear with Fear
When People Are Big and God is Small
What Do You Think of Me? Why Do I Care? (for teens)

Lou Priolo
Wayne Mack
Ed Welch
Ed Welch

FINANCES

Managing God's Money
The Treasure Principle
When the Money Runs Out: Hope and Help for the
Financially Stressed (mini book)

Randy Alcorn
Randy Alcorn
James Petty

FORGIVENESS

Unpacking Forgiveness
Forgive! As the Lord Forgave You (mini-book)
From Forgiven to Forgiving
Freedom Through Forgiveness (pamphlet from Revive Our Hearts)
Forgiveness: The Power and the Puzzles
Forgiveness (mini book)
Rob Green

Chris Braun
Patrick Morrison
Jay Adams
Nancy Leigh DeMoss
Wendell Miller

GRACE

Unlimited Grace
Grace Transforming
Extravagant Grace

Bryan Chapell
Philip Ryken
Barbara Duguid

GRIEF AND DEATH

Facing Death with Hope: Living for What Lasts
The Undistracted Widow
Grief: Learning To Live with Loss
Becoming a Widow: The Ache of Missing Your Other Half (mini book)
Grieving a Suicide: Help for the Aftershock

David Powlison
Carol Cornish
Howard Eyrich
Elizabeth Groves
David Powlison

HEART IDOLS

Gospel Treason
Idols of the Heart
The Dynamic Heart

Brad Bigney
Elyse Fitzpatrick
Jeremy Pierre

HOLINESS

TOPIC**TITLE****AUTHOR**

The Pursuit of Holiness
 Holiness
 The Hole in Our Holiness
 The Holiness of God
 Holiness by Grace: Delighting in the Joy That is Our Strength

Jerry Bridges
 J.C. Ryle
 Kevin DeYoung
 R.C. Sproul
 Bryan Chappell

HOMOSEXUALITY/SAME SEX ATTRACTION

Help! My Teen Struggles with Same Sex Attraction
 The Secret Thoughts of an Unlikely Convert
 Do Ask, Do Tell, Let's Talk
 What Does the Bible Really Teach About Homosexuality?

Ben Marshall
 Rosaria Butterfield
 Brad Hambrick
 Kevin DeYoung

IDENTITY IN CHRIST/SELF ESTEEM

Who Am I?
 Found in Him
 Because He Loves Me: How Christ Transforms Our Daily Life
 Self Image: How to Overcome Inferiority Judgments
 The Biblical View of Self-Esteem, Self-Love, Self-Image

Jerry Bridges
 Elyse Fitzpatrick
 Elyse Fitzpatrick
 Lou Priolo
 Jay Adams

ILLNESS/DISEASE

Pain: The Plight of Fallen Man: God's Prescription for Persevering
 Chronic Pain: Living by Faith When Your Body Hurts (mini book)
 Don't Waste Your Cancer
 Will Medicine Stop the Pain?

James Halla
 Michael Emler
 John Piper
 Elyse Fitzpatrick/
 Laura Hendrickson

LYING

Deception: Letting Go of Lying

Lou Priolo

MARRIAGE

This Momentary Marriage: A Parable of Permanence
 When Sinners Say I Do (study guide available also)
 What Did You Expect?
 The Complete Husband: A Practical Guide to Biblical Husbanding
 Helper By Design
 The Excellent Wife
 The Exemplary Husband
 Creative Counterpart
 Marry Wisely, Marry Well

John Piper
 Dave Harvey
 Paul Tripp
 Lou Priolo
 Elyse Fitzpatrick
 Martha Peace
 Stuart Scott
 Linda Dillow
 Ernie Baker

MISCARRIAGE/INFERTILITY

Inheritance of Tears: Trusting the Lord of Life When Death Visits the Womb
 Safe in the Arms of God
 Infertility: Comfort for Your Empty Arms and Heavy Heart (mini book)

Jessalyn Hutto
 John MacArthur
 Dan Wickert, Amy Baker

PARENTING

Shepherding a Child's Heart
 Instructing a Child's Heart

Paul Tripp
 Tedd and Margy Tripp

TOPIC**TITLE****AUTHOR****PARENTING (CONTINUED)**

Parenting: 14 Principles That Can Radically Change Your Family
The Faithful Parent

Paul Tripp
Stuart Scott, Martha

PEACE

Age of Opportunity
Teach Them Diligently
Give them Grace: Dazzling Your Kids With the Love of Jesus

Paul Tripp
Lou Priolo
Jessica Thompson,
Elyse Fitzpatrick

You Never Stop Being a Parent
Don't Make Me Count to Three: A Mom's Look at Heart-Oriented Discipline
Being a Dad Who Leads
Missional Motherhood

Jim Newheiser, Elyse Fitzpatrick
Ginger Hubbard
John MacArthur
Gloria Furman

PAST

Putting Your Past in its Place: Moving Forward in Freedom and Forgiveness

Steve Viars

PORNOGRAPHY/MASTURBATION/SEXUAL SIN

At the Altar of Sexual Idolatry
Hope and Help for Sexual Temptation
The Purity Principle
When Your Husband is Addicted to Pornography: Healing Your Wounded Heart
Your Husband Is Addicted to Porn: Healing After Betrayal (mini book)
The Problem with Masturbation
Making All Things New: Restoring Joy to the Sexually Broken

Steve Gallagher
Mark Shaw
Randy Alcorn
Vicki Tiede
Vicki Tiede
Winston Smith
David Powlison

PRAYER

A Call to Prayer
A Praying Life
Reaching the Ear of God
Pray About Everything: Cultivating God-Dependency
Praying the Bible

J.C. Ryle
Paul E Miller
Wayne Mack
Paul Tautges
Donald Whitney

PRE-MARRIAGE

Tying the Knot
Preparing For Marriage God's Way

Rob Green
Wayne Mack

PRIDE AND HUMILITY

From Pride to Humility (mini book)
Humility: True Greatness
Humility: The Forgotten Virtue

Stuart Scott
C.J. Mahaney
Joshua Mack

RELATIONSHIPS

Relationships: A Mess Worth Making
Getting to the Heart of Friendships
Selfishness: From Loving Yourself to Loving Your Neighbor
Maximum Impact
Loving the Way Jesus Loves
Letting Go: Rugged Love for the Wayward Soul

Timothy Lane, Paul Tripp
Amy Baker
Lou Priolo
Wayne Mack
Philip Ryken
Dave Harvey

TOPIC**TITLE****AUTHOR****SEX IN MARRIAGE**

Sex, Romance and the Glory of God
 Sex and the Supremacy of God
 Intimate Issues
 "Not Tonight Honey": Handling Your Wife's Sexual Rejection (mini-book)

C.J. Mahaney
 Editor: John Piper
 Linda Dillow
 Rob Green

SIN AND SIN NATURE

Understanding Temptation: The War Within Your Heart
 The Enemy Within
 Respectable Sins
 Killing Sin Habits: Conquering Sin with Radical Faith
 A Fight to the Death: Taking Aim at Sin Within

Mark Shaw
 Kris Lundgaard
 Jerry Bridges
 Stuart Scott
 Wayne Mack

SUFFERING (SEE TRIALS AND SUFFERING BELOW)**SUICIDE**

Help! My Friend is Suicidal (mini book)
 I Just Want to Die: Replacing Suicidal Thoughts with Hope

Bruce Ray
 David Powlison

THANKFULNESS

Choosing Gratitude

Nancy Leigh DeMoss

THEOLOGY

Attributes of God
 Knowledge of the Holy
 Trusting God: Even When Life Hurts
 Everyone's a Theologian
 God is the Gospel
 Attributes of God
 None Like Him
 In His Image
 Systematic Theology
 Systematic Theology
 God's Greater Glory

A.W. Tozer
 A.W. Tozer
 Jerry Bridges
 R.C. Sproul
 John Piper
 A.W. Pink
 Jen Wilken
 Jen Wilken
 Louis Berkhof
 John Frame
 Bruce Ware

THOUGHTS/FEELINGS/ATTITUDES

Bitterness: The Root that Pollutes
 Chasing Contentment
 Managing Your Emotions: Keeping Your Feelings From Running the Show
 True Feelings: God's Gracious and Glorious Purpose for our Feelings
 Mindscape: What to Think About Instead of Worrying
 How Can I Practice Biblical Meditation? (mini book)
 The Quests For Quietness and Meekness of Soul

Lou Priolo
 Erik Raymond
 Amy Baker
 Carolyn Mahaney
 Timothy Witmer
 Joel Beeke
 Matthew Henry

TRIALS AND SUFFERING

Suffering and the Sovereignty of God
 A Shelter in the Time of Storm

John Piper, Justin Taylor
 Paul Tripp

TOPIC**TITLE****AUTHOR****TRIALS AND SUFFERING (CONTINUED)**

When God Weeps	Joni Eareckson Tada
Making Sense of Suffering (mini book)	Joni Eareckson Tada
Christ and Your Problems (mini book)	Jay Adams
God's Grace in Your Suffering	David Powlison
Suffering: Eternity Makes a Difference (mini book)	Paul Tripp
Trusting God: Even When Life Hurts	Jerry Bridges
When Trouble Shows Up (mini book)	Robert Jones

WOMEN'S ISSUES

Lies Women Believe	Nancy Leigh DeMoss
The Look: Does God Really Care What I Wear?	Nancy Leigh DeMoss
Women Counseling Women: Biblical Answers to Life's Most Difficult Problems	Elyse Fitzpatrick
Women Helping Women	Elyse Fitzpatrick, Carol Cornish
True Beauty	Carolyn Mahaney
Missional Motherhood: The Everyday Ministry of Motherhood in the Grand Plan of God	Gloria Furman
Beauty in the Heart: A Study of Godly Beauty for Young Women	Pam Forester
Picture Perfect: When Life Doesn't Line Up	Amy Baker

WORLD VIEW

Think Biblically	John MacArthur
Renewing Your Mind in a Mindless World: Learning to Think and Act Biblically	James Boice
Right Thinking in a World Gone Wrong: A Biblical Response to Today's Most Controversial Issues	John MacArthur

YOUNG PEOPLE/TEENS

This Changes Everything: How the Gospel Transforms the Teen Years	Jaquelle Crowe
Growing Up Christian: How to Take Ownership of Your Relationship with God	Karl Grausein
Get Your Story Straight: A Teen's Guide to Learning and Living the Gospel	Kristen Hatton
Respectable Sins: Teen Edition	Jerry Bridges
Not a Fan Teen Edition: What Does it Really Mean to Follow Jesus?	Kyle Idleman
Girls Gone Wise in a World Gone Wild	Mary Kassian
A Young Man After God's Own Heart	Jim George
A Young Woman After God's Own Heart	Elizabeth George
For this is Right: A Practical Application of the Fifth Commandment for Young People	Pam Forester
Disciplines of a Godly Young Man	Kent Hughes
What Do You Think of Me? Why Do I Care?	Ed Welch