Journeys of Faith Women of the Old Testament



Pray before you do your lesson

- 1. Pray God would help you understand His Word.
- 2. Pray God would do heart transformation as you read His Word.
- 3. Pray that you would love God more.
- 4. Pray that God helps you apply His Word to your life.
- 5. Pray that God helps you desire to study His Word & spend time with him daily.
- 6. Pray that the lesson would be heart work and not homework.

Journeys of Faith Women of the Old Testament

9/20/23	Introduction	Welcome to Women's	
9/27/23	Lesson 1	The First Woman Eve - In The Garden	Genesis 1:27-3:19
10/4/23	Lesson 2	Eve - The First Mother	Genesis 3:20-4:16
		God is in the Waiting Sarai & Abraham	
10/11/23	Lesson 3	Sarai & Abraham	Genesis 11:30-12:20
10/18/23	Lesson 4	Sarai & Hagar	Genesis 16
10/25/23	Lesson 5	Sarah & The Three Visitors	Genesis 18:1-15
11/1/23	Lesson 6	Sarah & The Birth of Isaac	Genesis 21:1-21
		God's Promise in Heartache	
11/8/23	Lesson 7	Rebekah & Isaac	Genesis 24-26:33
11/15/23	Lesson 8	Rebekah - The Blessing	Genesis 26:34-28:9
11/22/23		Thanksgiving Break	
11/29/23	Lesson 9	Rachel & Leah	Genesis 29:1-30
12/6/23	Lesson 10	Rachel & Leah's Children	Genesis 29:31-30:24
12/13/23		Christmas Message & Fellowship	
12/16/23		Women's Christmas Gathering	
		The Kinsman Redeemer	
1/17/24	Lesson 11	Ruth - Part 1	Ruth 1-2
1/24/24	Lesson 12	Ruth - Part 2	Ruth 3-4

2023-2024 Women's Ministry **Canyon Hills Community Church**



The First Woman

Genesis 3:15

"I will put enmity between you and the woman, and between your offspring and her offspring; he shall bruise your head, and you shall bruise his heel."

Lesson 1: Eve - In The Garden

Read Genesis 1:27-3:19

Give at lea	ast three fac	cts that des	cribe what	is going c	on in this p	bassage.	
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Lesson 1: Eve - In The Garden

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		ee in this passage and how could you	
	tical lesson do you s lesson to your prese		

Lesson 1: Eve - In The Garden

Write a prayer reflecting on what you learned in this lesson:
Additional Study Notes:

Lesson 2: Eve - The First Mother

Read Genesis 3:20-4:16

1. Give at l	east three fa	cts that de	escribe wl	nat is goin	ig on in th	is passag	e.
2. What do	es this passa	ige reveal	about Go	d? About	people?		

Lesson 2: Eve - The First Mother

hat practi	cal lesson do	o you see ir	n this pass	age and how	could you	
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Lesson 2: Eve - The First Mother

Write a prayer reflecting on what you learned in this lesson:	
Additional Study Notes:	



God is in the Waiting Psalm 27:14

"Wait for the Lord; be strong, and let your heart take courage; wait for the Lord!"



Lesson 3: Sarai & Abraham

Read Genesis 11:30-12:20

Give at ic	ast three fac	ts that des	cribe wha	t is going	on in this	passage.	
What doe	s this passag	ge reveal a	bout God?	About pe	ople?		
What doe	s this passag	ge reveal a	bout God?	About pe	ople?		
What doe	s this passag	ge reveal a	bout God?	About pe	ople?		
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Lesson 3: Sarai & Abraham

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Lesson 3: Sarai & Abraham

Write a prayer reflecting on what you learned in this lesson	
Additional Study Notes:	

Lesson 4: Sarai & Hagar

Read Genesis 16

1. Give at least	three facts that describe what is going on in this passage.
2. What does t	nis passage reveal about God? About people?

Lesson 4: Sarai & Hagar

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Lesson 4: Sarai & Hagar

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Write a prayer reflecting on what you learned in this lesson:
Additional Study Notes:

Lesson 5: Sarah & The Three Visitors

Read Genesis 18:1-15

	st three facts t	hat describ	e what is g	going on in	this passag	ge.
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What does	this passage r	eveal abou	t God? Abo	out people?		
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Lesson 5: Sarah & The Three Visitors

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Lesson 5: Sarah & The Three Vistors

Write a prayer reflecting on what you learned in this lesson:
Additional Study Notes:

Lesson 6: Sarah & The Birth of Isaac

Read Genesis 21:1-21

Give at least t	hree facts th		C		
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What does thi	s passage re	veal about	God? About	people?	
What does thi	s passage re	veal about	God? About	people?	
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What does thi	s passage re	veal about	God? About	people?	
What does thi	s passage re	veal about	God? About	people?	

Lesson 6: Sarah & The Birth of Isaac

What is the n	nain idea or	main then	ne that you	find in this	passage?	
What practical apply that les				ge and how o	could you	
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				ge and how o	could you	
What practical apply that less				ge and how o	could you	

Lesson 6: Sarah & The Birth of Isaac

Write a prayer reflecting on what you learned in this lesson:
Additional Study Notes:

God's Promise in Heartache Psalm 46:1-2

"God is our refuge and strength, a very present help in trouble. Therefore we will not fear though the earth gives way, though the mountains be moved into the heart of the sea, though its waters roar and foam, though the mountains tremble at



Lesson 7: Rebekah & Isaac

Read Genesis 24-26:33

Give at least t	hree facts th		C		
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What does thi	s passage re	veal about	God? About	people?	
What does thi	s passage re	veal about	God? About	people?	
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Lesson 7: Rebekah & Isaac

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Lesson 7: Rebekah & Isaac

Write a prayer reflecting on what you learned in this lesson:	
Additional Study Notes:	

Lesson 8: Rebekah - The Blessing

Read Genesis 26:34-28:9

Give at lea	ast three fac	cts that des	cribe what	is going c	on in this p	bassage.	
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What does	s this passa	ge reveal a	bout God?	About pec	ople?		
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Lesson 8: Rebekah - The Blessing

vnat is the h	nain idea or 1		3			
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Vhat practical proply that le	al lesson do y sson to your	ou see in th present situ	nis passage ation?	and how co	uld you	
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Lesson 8: Rebekah - The Blessing

Write a prayer reflecting on what you learned in this lesson:	
Additional Study Notes:	

Lesson 9: Rachel & Leah

Read Genesis 29:1-30

2. What does this pa	assage rev	veal abou	ıt God? A	About peop	ole?	

Lesson 9: Rachel & Leah

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Vhat practication in the second secon	al lesson do y sson to your	ou see in th	nis passage a ation?	and how cou	ıld you
What practical apply that le	al lesson do y sson to your	ou see in th	nis passage a ation?	and how cou	ıld you

Lesson 9: Rachel & Leah

Write a prayer reflecting on what you learned in this lesson:	
Additional Study Notes:	

Lesson 10: Rachel & Leah's Children

Read Genesis 29:31-30:24

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What does	this passage 1	reveal abou	ıt God? Abo	out people?		
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Lesson 10: Rachel & Leah's Children

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			e in this pass t situation?	sage and how	could you	
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Lesson 10: Rachel & Leah's Children

Write a prayer reflecting on what you learned in this lesson	
Additional Study Notes:	



The Kinsman Redeemer

Psalm 119:9

"How can a young man keep his way pure? By guarding it according to your word."



Lesson 11: Ruth - Part 1

Read Ruth 1-2

Give at le	east three fa	icts that de	escribe wl	nat is going	g on in this	s passage.	
What doe	es this passa	ige reveal	about Go	d? About p	people?		
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What doe	es this passa	age reveal	about Go	d? About p	people?		
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What doe	es this passa	age reveal	about Go	d? About p	people?		
What doe	es this passa	age reveal	about Go	d? About p	people?		

Lesson 11: Ruth - Part 1

What is the r	nain idea c	or main th	eme that y	ou nna ir	r tills pasi	sage:	
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What practic apply that le	al lesson d sson to you	o you see ur present	in this pas situation?	sage and	how coul	ld you	

Lesson 11: Ruth - Part 1

Write a prayer reflecting on what you learned in this lesson:	
Additional Study Notes:	

Lesson 12: Ruth - Part 2

Read Ruth 3-4

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Lesson 12: Ruth - Part 2

What is the	main idea				
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Lesson 12: Ruth - Part 2

Write a prayer reflecting on what you learned in this lesson	
Additional Study Notes:	

