

CANYON HILLS COMMUNITY CHURCH

# LIFE GROUPS



## The Call to Self-Control – 1 Timothy 3:1-13

March 23, 2025

### **START TALKING | *Get your group thinking.***

1. What are some things that might cause a person to lose self-control?

### **START SHARING | *Get your group engaging with the message.***

Read 1 Timothy 3:1-13

2. Pastor Koby said, “We are to be self-controlled in our minds.” What are the “earthly” and the “spiritual” aspects of being sober-minded? See 1 Timothy 3:2,11 and 1 Peter 3:15.
3. In what ways did Pastor Koby say we are to be self-controlled in our behavior? See 1 Timothy 3:3,8.
4. Pastor Koby stated, “We are to be self-controlled in our words.” How did he describe each and what are some examples of self-control in the following?
  - a) Don’t be quarrelsome (vs.3)
  - b) Don’t be double-tongued (vs.8)
  - c) Don’t be slanderous (vs.11)
5. Ultimately, we are to be self-controlled in our priorities. List and explain each of the three priorities based on the following Scriptures:
  - a) Matthew 6:33
  - b) Genesis 2:24
  - c) Colossians 3:23

### **START LIVING | *Get your group applying God’s Word to daily life.***

6. Reflecting on this sermon, explain how you would answer the question, “Am I a self-controlled person?”
7. Which areas of self-control (sober-mindedness, behavior, words, priorities) do you need growth in? How can your Life Group help you grow in these areas?