



Train Yourself For Godliness. – 1 Timothy 4:6-11

May 25, 2025 / Pastor Koby Orr

START TALKING | *Get your group thinking.*

1. Describe a time when you trained long and hard for an upcoming event, performance or competition. What did you do to prepare and train?
2. How does your focus and effort change when you are working towards reaching a specific goal?

START SHARING | *Get your group engaging with the message.*

Read 1 Timothy 4:6-11.

3. What are three fundamental elements of godliness from “The Practice of Godliness” by Jerry Bridges?
4. Describe how these verses teach you to train for godliness as you focus on these three elements.
 - a How do we grow in the fear of God? Romans 8:1-2, Isaiah 6:5
 - b How do we grow in our love for God? Matthew 22:37, 1 John 4:18-19
 - c How do we grow in our desire for God? Psalm 42:1
5. Why are we called to train for godliness (1 Timothy 4:8-11)?
6. What are the present or future benefits of godliness according to:
 - a John 10:10
 - b Matthew 6:19-21
 - c Revelation 2:7

START LIVING | *Get your group applying God’s Word to daily life.*

7. How are you going to implement your training plan for godliness that Pastor Koby outlined?