



## Who Shapes Your Thinking? – Colossians 2:8-10

October 26, 2025 / Pastor Jon Walker

### **START TALKING | *Get your group thinking.***

1. Tell us about a time you believed something that turned out not to be true—maybe a rumor, a silly childhood myth, or even something you read online—but it makes you laugh now.

### **START SHARING | *Get your group engaging with the message.***

2. In Col. 2:8, Paul warns against being taken captive by “empty” philosophies. What do you think makes certain ideas – even false ones -- sound so believable or attractive?
3. Jesus is described as the “fullness of God in bodily form,” why do you think Paul starts with Jesus’ nature here?
4. Why do you think people are drawn to messages that say we can ‘save ourselves’ or ‘be our own hero’? What do those ideas promise that sound good on the surface?
5. How does knowing Jesus is sufficient change the way we see life’s challenges? Paul says believers are “filled in Him” (v.10). What difference does that truth make in how we think about what we need or lack?

### **START LIVING | *Get your group applying God’s Word to daily life.***

6. Where do you notice the pull to look for fulfillment outside of Jesus? In what areas of life do you feel tempted to rely on your own strength, success, or self-definition instead of resting in who Jesus is and what He’s done?
7. How could starting your thinking with Jesus change something practical this week? Whether it’s a decision, a conversation, or something you’re worried about- what might it look like to begin your thought process by remembering who Jesus is and what’s true of you in Him?